Abstract of the Disclosure

A lens-fitted photo film unit is provided with a stop blade that is switched over between a small aperture position and a large aperture position depending upon a subject brightness measured through a photometric circuit that is activated when a shutter button is pressed. The film unit has an f-number of not more than f/8.0 when the stop blade is in the large aperture position, or an f-number of not less than f/14 when the stop blade is in the small aperture position. The film unit is also provided with a flash light control circuit in connection to a flash device. The flash light control circuit measures a light amount reflected from a subject while a flash light is projected from the flash device toward the subject, to stop the flash device from projecting the flash light when the measured light amount reaches a predetermined value.